

WINTER 2021 OPENING SERIES CLASSES

Distance Education for non-matriculated students

Opening Series is a selection of 11-week courses that provide an introduction to basic concepts in Oriental Medicine. These classes are an integral component of Emperor's College master's degree program and academic units are awarded for each class. All courses will be offered live, via video-conference.

The Yijing/ I-Ching and Medicine

ELN101 (2 Units)
Mon 12pm-2pm (PST)

This elective will explore the relationship between Yiing and Chinese Medicine. Some of the topics to be covered will be medical correspondences of the eight trigrams, points selections and microsystems related to trigram theory. Both philosophical and specific medical applications of the Yijing Change theory will be presented.

Flying Phoenix Qi Gong

EL258 (2 Units)
Mon 6pm-8pm (PST)

Learn to practice an extraordinary medical chi kung (qigong) system that promotes healing and rejuvenation, bolsters immunity--thereby extending longevity, and ultimately imparts profound healing ability in the practitioner.

Introduction to Herbal Medicine

HB300 (2 Units)
Tues 12:30-2:30pm (PST)

Learn major herb groups, Chinese botanical nomenclature and an understanding of important herbs from the Oriental pharmacopoeia including individual properties such as flavor, entering meridians, functions and medicinal uses.

Structural & Postural Integration

ELN303 (2 Units)
Tues 3pm-5pm (PST)

This class consists of a comprehensive Myo-fascial (where the Qi flows) stretching, both hands on bodywork evolved from Ida Rolf's Rolfing and Joseph Heller's Hellerwork, and Myo-fascial stretching exercises taught to patients for at home self-care.

Fundamentals of OM

OM315 (4 Units)
Tues 5:30-9:30pm (PST)

This class provides the groundwork of basic principles and theories of Oriental Medicine including Yin-Yang Theory, Five Elements, Eight Principles, Etiology, Qi, Blood, Body Fluids, Zang Fu and other paradigms of TCM. It also establishes a solid foundation for all future studies in Oriental Medicine.

Medical Qi Gong

OM351 (2 units)
Wed 10am-12pm (PST)

Students practice breathing, posture, relaxation, energy movement and mind-regulating techniques that empower a direct experience of Qi with the ability to direct it therapeutically.

Sports Nutrition

ELN301 (2 Units)
Wed 2pm-4pm (PST)

Learn about many different diets and advantages and disadvantages as they relate to athletic performance, as well as the value of nutraceuticals in the field of performance and recovery. Learn about the power of lifestyle factors that can support the athlete in managing stress and handling overtraining.

Jade Woman

Qi Gong
EL255 (2 Units)
Thurs 10am-12pm (PST)

Jade Woman qi gong is a beautiful and flowing form of movement therapy that addresses the special needs of women's physical and emotional health. Although designed for women, Jade Woman qi gong can benefit anyone who suffers from circulation problems, seeks enhanced energy, and is interested in learning about and/or treating women's health conditions.

East/West Spices and Herbs

EL536 (3 Units)
Thu 6pm-9pm (PST)

Learn how to choose specific herbs, teas, spices, and foods for the treatment of organ system diseases, imbalances, and psychological conditions. Get an introduction to principles and theories of Western herbology, including adaptogens and tonications. Dive into scientific data and present research on Western herbal medicines.

Tai Chi I – Yang Style

OM350 (2 units)
Fri 3pm-5pm (PST)

Yang style tai chi is the most well-known and widely practiced style of tai chi in the world. This practical course provides a basic introduction to the theory and benefits of Yang style tai chi. Students will learn and practice the first one-third of the classic Yang style form set, with an emphasis on the proper breathing technique and body movements. *With Terence Dunn.*

Students must have a minimum of 60 semester units (90 quarter units) of undergraduate coursework to enroll.

Cost: \$217 per unit plus \$45.00 non-refundable registration fee. 50% of tuition is due upon registration. Remaining tuition is due in full on January 8, 2021.

11 Week Winter Quarter Begins **Monday, January 4th 2021.**

Register early as classes fill up. Schedule is subject to revision.

www.emperors.edu/opening-series

Contact admissions@emperors.edu or (310) 469-1615 for more information

Opening Series Registration Form

Introduction: Opening Series students are limited to Opening Series classes only. There is no minimum or maximum number of credit units Opening Series students may take. Academic credit is awarded for all classes which is fully transferable into the master's degree program.

- Procedure:**
1. Email this form, along with the Opening Series application to admissions@emperors.edu. Please arrange payment with the Admissions Department. 50% of tuition + \$45.00 non-refundable registration fee is due upon registration. **Full tuition and any outstanding balance is due by the first week of the quarter on January 8, 2021.** Late payments are subject to a \$30 late fee.
 2. **Classes will be offered remotely.** For more information contact the Admissions Department at 310-469-1615

Name: _____ **Date:** _____

Quarter: Fall Winter Spring Summer **Year:** _____

Academic Courses \$217 per unit; \$45 Registration						
Add/Drop	Code	Course	Instructor	Day	Time	Units
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						

Please be aware of our policy for DROPPING courses: All students must notify the Administration Office if he/she chooses to drop a course. There is a \$25 fee for each course dropped. Tuition refunds are prorated for each week of class instruction that has passed.

I am aware of my responsibilities regarding payment for Opening Series classes and understand that I must notify Emperor's College admissions department immediately if I decide to drop the course(s) I have registered for. I agree to pay associated fees and tuition charges related to this registration.

Student signature

Date

Office Use Only	
<input type="checkbox"/> Approved _____ <div style="text-align: center; margin-top: 5px;"><i>Authorized signature</i></div>	_____ <div style="text-align: center; margin-top: 5px;"><i>Date</i></div>



Part 1

Please submit a photo

Personal Data



Applying for: Opening Series MTOM
 Application Date: _____ Quarter: Winter Spring Summer Fall Year: _____

Are you a transfer student from another OM Institution? Yes No Name of Institution: _____

Legal Name: _____
Last Name (Family Name) First Middle (Maiden)

Address: _____

Mailing Address, if different: _____

Prior Name(s): _____

Home Phone: _____ Work Phone: _____

Mobile/Pager: _____ E-mail: _____

Date of Birth: _____ Place of Birth: _____
Month Day Year City State Country



CITIZENSHIP

US/Dual US Citizen If dual, specify other citizenship: _____

Veteran? Yes No If yes, will you be applying to use Chapter 31 Chapter 33 Other _____

US Permanent Resident Visa, Green Card Number: _____ Citizen of: _____



INTERNATIONAL STUDENTS

Citizenship: _____ Country of Birth: _____

Do you need a student visa? Yes No If currently in the U.S., what type of visa do you hold? _____

Do you speak English fluently? Yes No List other languages spoken: _____

TOEFL Yes No Score: _____



ACADEMIC INFORMATION

Institution/Location	Major/Degree	Dates Attended/Units Completed
_____	_____	_____

Institution/Location	Major/Degree	Dates Attended/Units Completed
_____	_____	_____

Institution/Location	Major/Degree	Dates Attended/Units Completed
_____	_____	_____



Part 1

Personal Data (cont.)



EMPLOYMENT INFORMATION (current or most recent)

Name of Employer	Location	Position	Phone	Dates of Employment
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____



PLEASE IDENTIFY TWO REFERENCES THAT HAVE INSPIRED YOU TO PURSUE ORIENTAL MEDICINE

Name: _____

Name: _____

How did you learn about the MTOM program at Emperor's College?



EMERGENCY CONTACTS (Please list two)

Name: _____ Relationship to Applicant: _____

Address: _____ Phone: _____

Name: _____ Relationship to Applicant: _____

Address: _____ Phone: _____

You have my permission to contact the above persons or people above in case of an emergency.

Applicant Signature: _____ Date: _____



ETHNIC BACKGROUND (Information in this section will be used for statistical analysis only and is strictly voluntary)

- African American/Black American Indian/Alaskan Native Asian/Pacific Islander
- Hispanic/Latino(a) White/Caucasian Other



I certify that the information supplied by me on this application is true and correct to the best of my knowledge. If any of the information on this form changes between now and my matriculation at Emperor's College, I will notify the Director of Admissions. I understand that failure to do so may result in withdrawal of my application and/or the offer of admission.

Signature: _____ Date: _____

NOTE: Your signature is required. You may email the form and sign it later when you next visit Emperor's College, or you may print, sign and mail or email the document.