

## FALL 2020 OPENING SERIES CLASSES

### Distance Education for non-matriculated students

Opening Series is a selection of 11-week courses that provide an introduction to basic concepts in Oriental Medicine. These classes are an integral component of Emperor's College master's degree program and academic units are awarded for each class. All courses will be offered live, via video-conference.

#### **East/West Medical History**

WS290 (2 Units)  
Mon 3pm– 5pm (PST)

This course provides an overview of the history of events and ideas that lead to the development of both Eastern and Western medical paradigms. It surveys the major impact of specific historical events as well as the individuals who contributed significantly to the medical advances and practices seen today. Upon completion of this course, the successful student will have a basic understanding of the historical practices of Oriental and Occidental medical sciences.

#### **Flying Phoenix Qi Gong**

EL258 (2 Units)  
Mon 6pm-8pm (PST)

Learn to practice an extraordinary medical chi kung (qigong) system that promotes healing and rejuvenation, bolsters immunity- thereby extending longevity, and ultimately imparts profound healing ability in the practitioner.

#### **Introduction to Herbal Medicine**

HB300 (2 Units)  
Tues 12:30-2:30pm (PST)

Learn major herb groups, Chinese botanical nomenclature and an understanding of important herbs from the Oriental pharmacopoeia including individual properties such as flavor, entering meridians, functions and medicinal uses.

#### **Fundamentals of OM**

OM315 (4 Units)  
Tues 5:30-9:30pm (PST)

This class provides the groundwork of basic principles and theories of Oriental Medicine including Yin-Yang Theory, Five Elements, Eight Principles, Etiology, Qi, Blood, Body Fluids, Zang Fu and other paradigms of TCM. It also establishes a solid foundation for all future studies in Oriental Medicine.

#### **Medical Qi Gong**

OM351 (2 units)  
Wed 10am-12pm (PST)

Students practice breathing, posture, relaxation, energy movement and mind-regulating techniques that empower a direct experience of Qi with the ability to direct it therapeutically.

#### **Sports Nutrition**

ELN301 (2 Units)  
Wed 10am-12pm (PST)

Learn about many different diets and advantages and disadvantages as they relate to athletic performance, as well as the value of nutraceuticals in the field of performance and recovery. Learn about the power of lifestyle factors that can support the athlete in managing stress and handling overtraining.

#### **Tao te Ching (Classics)**

ELN100 (2 Units)  
Wed 1pm-3pm (PST)

The Tao Te Ching/Daodejing (the Book of the Way and the Virtue) is a text that no practitioner of Chinese medicine can ignore. It is arguably the most important text of Daoism and its foundation. But beyond the Daoism itself, this book greatly shaped the Chinese approach to life, the vision of the human being as part of the cosmic life, and Chinese thought and the philosophy which form the basis of the medicine.

#### **East/West Spices and Herbs**

EL536 (3 Units)  
Thu 6pm-9pm (PST)

Learn how to choose specific herbs, teas, spices, and foods for the treatment of organ system diseases, imbalances, and psychological conditions. Get an introduction to principles and theories of Western herbology, including adaptogens and tonicifications. Dive into scientific data and present research on Western herbal medicines.

#### **Jade Woman Qi Gong**

EL255 (2 Units)  
Thurs 2pm-4pm (PST)

Jade Woman qi gong is a beautiful and flowing form of movement therapy that addresses the special needs of women's physical and emotional health. Although designed for women, Jade Woman qi gong can benefit anyone who suffers from circulation problems, seeks enhanced energy, and is interested in learning about and/or treating women's health conditions.

#### **Tai Chi I – Yang Style**

OM350 (2 units)  
Fri 3pm-5pm (PST)

Yang style tai chi is the most well-known and widely practiced style of tai chi in the world. This practical course provides a basic introduction to the theory and benefits of Yang style tai chi. Students will learn and practice the first one-third of the classic Yang style form set, with an emphasis on the proper breathing technique and body movements. *With Terence Dunn.*

Students must have a minimum of 60 semester units (90 quarter units) of undergraduate coursework to enroll. Cost: \$217 per unit plus \$45.00 non-refundable registration fee. Register early as classes fill up. Schedule is subject to revision. 11 Week Fall Quarter Begins **Thursday, September 24<sup>th</sup> 2020**

[www.emperors.edu/opening-series](http://www.emperors.edu/opening-series)

Contact [admissions@emperors.edu](mailto:admissions@emperors.edu) or (310) 469-1615 for more information

## Opening Series Registration Form

**Introduction:** Opening Series students are limited to Opening Series classes only. There is no minimum or maximum number of credit units Opening Series students may take. Academic credit is awarded for all classes which is fully transferable into the master's degree program.

- Procedure:**
1. Email this form, along with the Opening Series application to [admissions@emperors.edu](mailto:admissions@emperors.edu). Please arrange payment procedures with the Admissions Department; \$45 non-fundable registration fee + full tuition due before start of classes (late payments are subject to a \$30 late fee).
  2. **Classes will be offered remotely.** For more information contact the Admissions Department at 310-469-1615

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Quarter:**  Fall  Winter  Spring  Summer **Year:** \_\_\_\_\_

<b>Academic Courses</b> \$217 per unit; \$45 Registration						
Add/Drop	Code	Course	Instructor	Day	Time	Units
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						
<input type="checkbox"/> Add <input type="checkbox"/> Drop						

**Please be aware of our policy for DROPPING courses:** All students must notify the Administration Office if he/she chooses to drop a course. There is a \$25 fee for each course dropped. Tuition refunds are prorated for each week of class instruction that has passed.

***I am aware of my responsibilities regarding payment for Opening Series classes and understand that I must notify Emperor's College admissions department immediately if I decide to drop the course(s) I have registered for. I agree to pay associated fees and tuition charges related to this registration.***

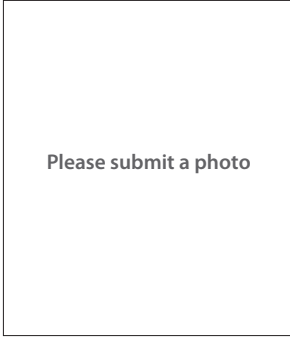
\_\_\_\_\_  
**Student signature**

\_\_\_\_\_  
**Date**

<b>Office Use Only</b>	
<input type="checkbox"/> <b>Approved</b> _____ <i>Authorized signature</i>	_____ <i>Date</i>



# Part 1



## Personal Data



Applying for:  Opening Series  MTOM  
 Application Date: \_\_\_\_\_ Quarter:  Winter  Spring  Summer  Fall Year: \_\_\_\_\_

Are you a transfer student from another OM Institution?  Yes  No Name of Institution: \_\_\_\_\_

Legal Name: \_\_\_\_\_  
Last Name (Family Name) First Middle (Maiden)

Address: \_\_\_\_\_  
 \_\_\_\_\_

Mailing Address, if different: \_\_\_\_\_  
 \_\_\_\_\_

Prior Name(s): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Mobile/Pager: \_\_\_\_\_ E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Place of Birth: \_\_\_\_\_  
Month Day Year City State Country



### CITIZENSHIP

US/Dual US Citizen If dual, specify other citizenship: \_\_\_\_\_

Veteran?  Yes  No If yes, will you be applying to use  Chapter 31  Chapter 33  Other \_\_\_\_\_

US Permanent Resident Visa, Green Card Number: \_\_\_\_\_ Citizen of: \_\_\_\_\_



### INTERNATIONAL STUDENTS

Citizenship: \_\_\_\_\_ Country of Birth: \_\_\_\_\_

Do you need a student visa?  Yes  No If currently in the U.S., what type of visa do you hold? \_\_\_\_\_

Do you speak English fluently?  Yes  No List other languages spoken: \_\_\_\_\_

TOEFL  Yes  No Score: \_\_\_\_\_



### ACADEMIC INFORMATION

Institution/Location	Major/Degree	Dates Attended/Units Completed
_____	_____	_____

Institution/Location	Major/Degree	Dates Attended/Units Completed
_____	_____	_____

Institution/Location	Major/Degree	Dates Attended/Units Completed
_____	_____	_____



# Part 1

**Personal Data** (cont.)



EMPLOYMENT INFORMATION (current or most recent)

Name of Employer	Location	Position	Phone	Dates of Employment
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____



PLEASE IDENTIFY TWO REFERENCES THAT HAVE INSPIRED YOU TO PURSUE ORIENTAL MEDICINE

Name: \_\_\_\_\_

Name: \_\_\_\_\_

How did you learn about the MTOM program at Emperor's College?

\_\_\_\_\_



EMERGENCY CONTACTS (Please list two)

Name: \_\_\_\_\_ Relationship to Applicant: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to Applicant: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

You have my permission to contact the above persons or people above in case of an emergency.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_



ETHNIC BACKGROUND (Information in this section will be used for statistical analysis only and is strictly voluntary)

- African American/Black       American Indian/Alaskan Native       Asian/Pacific Islander
- Hispanic/Latino(a)       White/Caucasian       Other



I certify that the information supplied by me on this application is true and correct to the best of my knowledge. If any of the information on this form changes between now and my matriculation at Emperor's College, I will notify the Director of Admissions. I understand that failure to do so may result in withdrawal of my application and/or the offer of admission.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

NOTE: Your signature is required. You may email the form and sign it later when you next visit Emperor's College, or you may print, sign and mail or email the document.