

NEI GONG CONCENTRATION / CERTIFICATION

The Nei Gong (“Inner Development”) Concentration is comprised of Tai Chi, Qi Gong, mind-body and meditation offerings. Emperor’s College is uniquely placed as the leader in the field due to its diverse, highly experienced faculty of doctors and practitioners that offer in-depth training from multiple perspectives.

As a complete Inner Development program, the Nei Gong Concentration/Certification starts with exposure to the Fundamentals of Oriental Medicine and includes classes in all five major styles of Tai Chi, in addition to recognized Qi Gong forms. Special attention is given to emphasizing the medical, evidence-based and health promoting aspects of these practices. The Nei Gong Concentration/Certification is the most comprehensive Inner Development program currently offered in the field of Oriental Medicine in the United States.

Nei Gong Concentration Overview

Several classes offered in the Nei Gong Concentration. Students must obtain 12 elective units, in addition to the 8 required units of Tai Chi, Qi Gong and Fundamentals of Oriental Medicine, to obtain this concentration (equaling 260 hours of training or 26 quarter units).

Required courses:

OM315	Fundamentals of Oriental Medicine	Lorraine Wilcox	4 units
OM351	Medical Qi Gong	Jacques MoraMarco	2 units

Select 1 elective course from the list below to meet the (2 unit) Tai Chi Requirement:

OM350	Yang Tai Chi	Tim O’Connor, Tang Pang-Yen	2 units
OM352	Chen Tai Chi	Ji Ling Hu	2 units
OM353	Sun Tai Chi I	Jacques MoraMarco	2 units

Select 9 elective courses (18 units) from the list below:

OM350	Yang Tai Chi	Tim O’Connor, Terrance Dunn	2 units
OM352	Chen Tai Chi	Ji Ling Hu	2 units
OM353	Sun Tai Chi I	Jacques MoraMarco	2 units
EL866	Mind Body Medicine	Sergei Shaginyan	2 units
EL732	Advanced Sun Tai Chi	Jacques MoraMarco	2 units
EL255	Jade Woman I	Helena Zhang	2 units
EL737	Tai Chi Hao	Jacques MoraMarco	2 units
EL726	Nei Gong I	Terrance Dunn	2 units
EL258	Flying Phoenix Nei Gong	Terrance Dunn	2 units
EL143	Art of Meditation	Brendan Armm	2 units
EL733	Tai Chi Short Form	Terrance Dunn	2 units

**Schedule subject to change based on instructor availability.*

The Nei Gong Experience: Completion of the Nei Gong Concentration would uniquely prepare graduates to incorporate tai chi, qi gong and meditative practices in class or clinical settings, at senior and rehabilitative centers, with a variety of clinical applications.