

COURSE DESCRIPTION

This course provides training in the techniques of history-taking and physical assessment according to the western clinical paradigm. The emphasis will be on the hands-on training to prepare students to be able to perform the procedures of the physical examination with a high degree of comfort and skill. This course covers the complete physical examinations of the skin, head, sense organs, chest, abdomen, as well as basic orthopedic and neurological tests.

---

LEARNING OBJECTIVES

Upon completion of this course, the student will be able to demonstrate the proper techniques for performing physical assessment.

---

COURSE PREREQUISITES

Pathophysiology I

---

REQUIRED TEXTS

A Guide to Physical Examination, Barbara Bates, M.D., 7th Edition, Lippincott.

---

RECOMMENDED TEXTS

---

COURSE REQUIREMENTS

10% = Attendance (only 2 absences permitted)  
45% = Mid-Term Examination  
45% = Final Examination

Classroom lectures represent the instructor's emphasis and focus on certain aspects of the course material. The student is responsible for the assigned readings.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

---

SPECIAL NOTES

REQUIRED MATERIALS: Diagnostic Kit with the following instruments:

1. Stethoscope
2. Sphygmomanometer
3. Reflex hammer
4. EENT Kit to include ophthalmoscope, otoscope,
5. Latex Exam Gloves
6. Penlight.

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt

**WESTERN PHYSICAL ASSESSMENT**

---

attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

---

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)  
History Taking, Charting and SOAP notes, Clinical Thinking, Vital Signs

Assignment: Bates, Chapters 1,4,5,20

---

CLASS TWO  
Examination of mental status and nervous system

Assignment: Bates, Chapters 3, 18

---

CLASS THREE  
Examination of the Skin, Head and Neck

Assignment: Bates, Chapters 6, 7

---

CLASS FOUR  
Examination of the cardiovascular system

Assignment: Bates, Chapters 9,16

---

CLASS FIVE  
**Mid- term Examination**

---

CLASS SIX  
Examination of the Thorax and Lungs

Assignment: Bates, Chapter 8

---

CLASS SEVEN  
Examination of the Axilla, and Abdomen  
Assignment: Bates, Chapters 10, 11

---

CLASS EIGHT  
Examination of the Musculoskeletal system: Spine

Assignment: Bates, Chapters 17

---

CLASS NINE  
Examination of the Musculoskeletal system: Limbs

Assignment: Bates, Chapters 17

---

CLASS TEN  
Examination of the Genitalia, Rectum, and Prostate

Assignment: Bates, Chapters 12, 13, 15.

---

CLASS ELEVEN

**Final Examination**

---

REFERENCE MATERIAL

Links

<http://hin.nhlbi.nih.gov/atp/iii/calculator.asp?usertype=pub>

---

FACULTY INFO

Redmond, Michael

Please check with instructor during class to get updated contact info.

310.676.2209

Kampfwagen@sbcglobal.net

Michael Redmond has taught Western medicine courses to TCM students for many years. His previous clinical experiences include trauma, intensive care, anesthesia, and home health. Currently Redmond teaches several courses in the MTOM Program including Biology, Chemistry, Biochemistry, Western Physical Assessment, Anatomy and Physiology and Western Medical Terminology among others.