

---

COURSE DESCRIPTION

This course introduces the major ideas and theories of the various schools of psychology as they conceptualize and influence the understanding and treatment of patients at various stages of development, including their meaning for health promotion and education, as well as clinical practitioner-patient interactions and counseling skills.

---

LEARNING OBJECTIVES

1. Examine the diverse nature of psychology
2. Explore and evaluate major psychological theories
3. Describe and identify theoretical orientations
4. Learn to utilize psychological resources
5. Explore the similarities and differences between Western Psychology and Oriental Medicine

---

COURSE PREREQUISITIES

None

---

REQUIRED TEXTS

---

RECOMMENDED TEXTS

---

COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

1. Two written assignments: Topics to be discussed in class (60%)  
Class participation and Attendance (40%)

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

---

SPECIAL NOTES

Course topics will be presented through the use of lecture, class discussion, handouts and class activities

---

---

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)  
Psychology history

---

CLASS TWO  
Brain function

---

CLASS THREE  
Psychological development

---

CLASS FOUR  
Memory secret

---

CLASS FIVE  
Stress coping mechanism

---

CLASS SIX  
Diagnosis DSM and ICD

---

CLASS SEVEN  
Personality assessment

---

CLASS EIGHT  
Mood disorder

---

CLASS NINE  
Drug abuse and psychology

---

CLASS TEN  
Psychotherapy

---

CLASS ELEVEN  
Final examination

---

REFERENCE MATERIAL

---

FACULTY INFO

Yang, Joseph  
Please check with instructor during class to get updated contact info.  
310.699.1028  
xiushantang@yahoo.com

Dr. Yang was on faculty at TCM University of Heilongjiang, China, and worked for China's National Liver Diseases Project. Dr. Yang was invited as representative of Young Psychiatrists to Shanghai's International Conference, and published as a faced topic in the U.S. Journal of Biological Psychiatry. He has authored several books and papers on psychiatry research, TCM diagnosis and TCM psychiatry. Dr. Yang teaches a number of courses in the MTOM Program including Case Review and Zang Fu and trains clinical interns as Supervisor in the Emperor's Clinic.