
COURSE DESCRIPTION

This course explores the development and relationship among treatment principles and how they drive the process of acupuncture and herbal prescriptions. The course also examines different diagnostic models of Traditional Asian Medicine examining the virtues of one model over another and how, when, and why to use them.

LEARNING OBJECTIVES

1. To consolidate previously learned information regarding intake, diagnosis, treatment planning and execution.
2. To explore the Principles of Treatment: Regulation of yin and yang, excess and deficiency, root and branch and treating according to climate, seasons and constitution.
3. To expand thought processes on treatment possibilities and to broaden clinical skills by learning how to choose the most effective treatment modality.
4. To learn how to generate a treatment plan, choose your point combination and write an appropriate formula based on your treatment plan.

COURSE PREREQUISITIES

Acupuncture Therapeutics, Herb Formulae I-III, Mid-Curriculum Exam

REQUIRED TEXTS

Chinese Acupuncture and Moxibustion
Foundations of Chinese Medicine

RECOMMENDED TEXTS

Clinical Reasoning in Chinese Medicine, Hu Zhen and Dong Feixia, PMPH
Sticking to the Point, Bob Flaws, Blue Poppy Press
Introduction to English Terminology of Chinese Medicine, Nigel Wiseman, Feng Ye
A Practical Dictionary of Chinese Medicine, Nigel Wiseman, Feng Ye

COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

Examinations, projects, and homework constitute 100% of the grade.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Read all materials before each class

Course Code **OM550**
2 Units
20 Hours

EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
PRINCIPLES OF TREATMENT

Wilcox, Lorraine
Fall 2018

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

CLASS ONE 9/29

What is a treatment principle? Why do we need them? The language of treatment principles. Major treatment principles versus specific treatment principles

CLASS TWO

CLASS TWO 10/6

Treatment principles for External Evils and Channel Patterns, especially pain

CLASS THREE

CLASS THREE 10/13

Quiz 1

Treatment principles Internal Patterns, Part 1 (treatment based on pattern identification)

CLASS FOUR

CLASS FOUR 10/20

Treatment principles Internal Patterns, Part 2 (treatment based on disease identification)

CLASS FIVE

CLASS FIVE 10/27

Test 1

Same disease, different treatments: A comparison of different treatment philosophies

CLASS SIX

CLASS SIX 11/3

Treatment principles for Five Element Acupuncture

CLASS SEVEN

CLASS SEVEN 11/10

Quiz 2

Principles for balancing a treatment

CLASS EIGHT

CLASS EIGHT 11/17

Treatment principles for individualizing treatment: Constitution, Timing, etc.

CLASS NINE

CLASS NINE 11/24

Test 2

Treatment principles for making a base formula

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CLASS TEN
CLASS TEN 12/1
Treatment principles for prevention and nourishing Life

CLASS ELEVEN
CLASS ELEVEN 12/8
Final Exam

REFERENCE MATERIAL

FACULTY INFO

Wilcox, Lorraine
Please check with instructor during class to get updated contact info.

zhenju@gmail.com