

**OM AND CHEMICAL DEPENDENCY**

---

**COURSE DESCRIPTION**

In this course students will explore basic concepts, history and theories of addiction and substance abuse, and its clinical application for chronic pain patients and recreational drug users. Students will receive an overview of addiction treatment approaches in the modern medical care setting, and protocols utilizing acupuncture and herbal medicine, for the management of substance abuse including underlying emotional and psychological issues as conceptualized within TCM.

---

**LEARNING OBJECTIVES**

On completion of this course, the TCM Student will have an introductory understanding as well as a basic ability to work with and treat patients with addictions.

---

**COURSE PREREQUISITIES**

Mid-Curriculum Exam

---

**REQUIRED TEXTS**

Transformation and Recovery by Alex Brumbaugh

---

**RECOMMENDED TEXTS**

In the Realm of Hungry Ghosts by Gabor Mate

---

**COURSE REQUIREMENTS**

20% Attendance and in-class participation and exercises

80% Paper and Final Presentation. Midterm paper and final presentation to be discussed in first class.

**SPECIAL NOTES:** Students with expectations of an A must have no more than 1 absence. Only TWO (2) absences are permitted. More than two absences will result in course failure.

**GRADING SCALE:** 100-90% A, 89-80% B, 79-70% C, 69% and below F

---

**SPECIAL NOTES**

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

---

**CLASS ONE** (The syllabus is subject to change at the discretion of the instructor.)

Introduction

---

**CLASS TWO**

Chinese philosophy and vocabulary

---

**CLASS THREE**

Chinese herbs

---

CLASS FOUR  
Types of substances

---

CLASS FIVE  
Chemical

---

CLASS SIX  
Midterm Paper Due  
TCM, AA and cognitive behavior

---

CLASS SEVEN  
NADA

---

CLASS EIGHT  
NADA practical

---

CLASS NINE  
Treatment

---

CLASS TEN  
Projects

---

CLASS ELEVEN

---

REFERENCE MATERIAL

---

FACULTY INFO

Eisenstark, Douglas

Please check with instructor during class to get updated contact info.

310-403-7018

[taiqi@taiqi.me](mailto:taiqi@taiqi.me)

Doug Eisenstark has worked as an acupuncture drug detox specialist at the Clare Foundation, Chrysalis and Turnabout ASAP. He has published articles in Caregiver Magazine and is review editor for acupuncture.com. He studied acupuncture and herbs in Shanghai, China, at the Hua Shan and Zhong Sun hospitals. Eisenstark teaches in the MTOM curriculum including Clinical Point Selection and Case Review in addition to training clinic interns as a Supervisor in the Emperor's Clinic.