
COURSE DESCRIPTION

The first of four courses in Chinese Internal Medicine. These classes present an overview of the pathology, diagnosis, etiology, and treatment of specific syndromes of the internal organ systems. Students will learn to identify specific patterns and symptoms associated with the pathologies, along with the treatment protocols and recommendations for treatment utilizing acupuncture, herbal medicine, other TCM modalities, plus lifestyle counseling and self-care recommendations.

Chinese Internal Medicine I covers the main lower Jiao (lower abdomen) pathologies, including but not limited to, gynecological and urological issues, UTI, and lower back pain.

LEARNING OBJECTIVES

Upon completion of this course, a successful student will be able to identify the symptoms associated with specific lower jiao syndromes, and to identify the pathology, diagnosis and treatment plan.

COURSE PREREQUISITES

Acupuncture Anatomy, Acupuncture Therapeutics, Zang Fu II, Herb Formulae I-III, Anatomy/Physiology I-IV, Mid-Curriculum Exam

REQUIRED TEXTS

Chinese Herbal Medicine: Formulas & Strategies. Bensky, D. and Barolet, R. Eastland Press.
Acupuncture A Comprehensive Text Shanghai College. Eastland, Seattle: 1981.

Handbook of Chinese Herbs and Formulas: Vol. 1, Institute of Chinese Medicine

RECOMMENDED TEXTS

Tongue Diagnosis in Chinese Medicine, by Giovanni Maciocia

Pulse Diagnosis, by Li Shi Zhen

COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

40% Quizzes

60% Final

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt

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3 Units
30 Hours

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Winter 2019

attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)
Painful Obstruction Syndrome

CLASS TWO
Low Back Pain

CLASS THREE
impotence

CLASS FOUR
Quiz #1 (20%)

review

CLASS FIVE
irregular menses

CLASS SIX
dysmenorrhea

CLASS SEVEN
Quiz #2 (20%)
review

CLASS EIGHT
amenorrhea

CLASS NINE
menopausal syndrome and case review

CLASS TEN
Final Examination

CLASS ELEVEN

REFERENCE MATERIAL
http://www.chinesemedicinedoc.com/Articles_Pract/cirrhosis.htm

FACULTY INFO

Zhang, Helena
Please check with instructor during class to get updated contact info.
310.422.9768
contact@goldenseedgoldentree.com

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