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COURSE DESCRIPTION

This course is an introduction to the basic skills and theories of TCM diagnosis, using the "Four Pillars" of diagnosis; Observation, Auscultation/Olfaction, Inquiry and Palpation. Students will be exposed to the diagnostic techniques and indexes for pulse and tongue examinations, Qi/Blood/Fluid patterns, the eight principles and four levels of pattern identification, and the visual examinations of the face and body. Upon successful completion of this course, the TCM student will have gained the basic skills and knowledge to perform patient intakes and gather relevant information to formulate a TCM diagnosis.

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LEARNING OBJECTIVES

The successful student will be able to apply the "Four Pillars" or "Four Examinations"; namely, "Looking", "Listening/Smelling", "Asking" and "Touching" in order to reach a working diagnosis according to the principles of Traditional Chinese Medicine.

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COURSE PREREQUISITES

Fundamentals of Oriental Medicine

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REQUIRED TEXTS

Chinese Acupuncture and Moxibustion, Language Press, Beijing, 1999.

Foundations of Chinese Medicine, Maciocia

Practical Diagnosis - Deng

Traditional Chinese Medicine Study Guide: Diagnosis, Yi Qiao/AI Stone, Eastland Press, 2008

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RECOMMENDED TEXTS

Tongue Diagnosis in Chinese Medicine, Maciocia

Pulse Diagnosis, Li Shi Zhen

The Pulse Classic, Wang, Shu-He

Pulse Diagnosis, A Clinical Guide, Sean Walsh & Emma King

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COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

Attendance, participation and homework: 25%

Quiz #1: 25%

Quiz #2 : 25%

Final Exam: 25%

\*NOTE - Because this class will rely heavily on practical application of the diagnostic methods being learned, promptness and attendance are essential. Furthermore, more than one absence or excessive tardiness or leaving before the end of class will result in the lowering of grades.

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GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

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SPECIAL NOTES

Handout: <http://www.tcmheals.us/student/diagnosis>

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

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CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

Introduction to class and class requirements.

Lecture: Introduction of TCM diagnosis

Lecture: The Pulse

Practice: Basic pulse taking skills

Reading assignment: Maciocia: P285, P353 – 361; CAM: P288-289; Practical Diagnosis: P83 – P 95

Home work

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CLASS TWO

Lecture: The Pulse (continued)

Practice: Pulse taking

Reading assignment: Maciocia: P361 – 367; CAM: 289 – 291; Practical Diagnosis: P95 - 145

Home work

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CLASS THREE

Lecture: palpation

Practice: Pulse taking and palpation

Clinical Observation

Reading assignment: Maciocia: P367-374; CAM: 292; Practical Diagnosis: P145 – 162

Home work

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CLASS FOUR

Quiz #1

Review Quiz#1

Lecture: Observation/Looking

Reading assignment: Maciocia: P287 – P310; CAM P277 – 280; Practical Diagnosis: P3 - 32

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CLASS FIVE

**Lecture: Tongue Diagnosis**

**Practice: Tongue Diagnosis**

**Reading assignment: Maciocia: P311 – 313; CAM P280 – 281; Practical Diagnosis: P33 - 44**

**Homework**

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CLASS SIX

Lecture: Tongue Diagnosis

Practice: Tongue Diagnosis

Reading assignment: Maciocia: P313 – 316; CAM P282 – 283; Practical Diagnosis: P44 - 55

Homework

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CLASS SEVEN

**Quiz#2**

Review #2

Clinical observation

Lecture: Listening and smelling

Reading assignment: Maciocia: P377 – 380; CAM: P283; Practical Diagnosis: P56 - 62

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CLASS EIGHT

Lecture: Inquiring

Reading assignment: Maciocia: P 317 – P323 (introduction); P339 – 341 (Chills and fever); P336 (sweating); P323 – 324 (pain); CAM P284 – 287; Practical Diagnosis: P81, P63 - 70

Home work

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CLASS NINE

Lecture: Inquiring

Reading assignment: Maciocia: P 326 – 335; CAM P287 – 288; Practical Diagnosis: P70 – 78

Home Work

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CLASS TEN

Lecture: Inquiring

Review Emperor's Clinic intake form

Final exam review

Reading assignment: Maciocia: P335 (sleeping), P348 – 350 (women); CAM P288; Practical Diagnosis: P78 – 81

Home Work

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CLASS ELEVEN

**Final Examination (25%)**

**Homework due**

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REFERENCE MATERIAL

Notes for Oriental Diagnosis

Observation; complexion, posture, demeanor, tongue, nails, color, aura, emotional and spiritual presentation of the individual.

Audio-Olfaction; sound of voice, breathing, wheezing, body noise, quality of voice, content, language and tone of the patient's oral presentation, emotions and smell.

Course Code **OM330**  
4 Units  
40 Hours

**EMPEROR'S COLLEGE**  
**MTOM COURSE SYLLABUS**  
**ORIENTAL DIAGNOSIS**

**Qiao, Yi**  
*Winter 2019*

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Inquiry: ability to gather a complete history of the individual's process of health and illness, personal history, family history, current stresses and support; ability to ask questions which best present Yin-Yang, elemental and functional balance of Qi according to the traditional correlations and correspondences; the ten questions and the five questions.

Oriental Diagnostic Theory; the principles and methods of investigation and examination. The study of patterns of disharmony, systems of correspondences, differentiation of syndrome, assessment of change, pathogenesis of disease and clinical manifestations.

World-Wide-Web Links of Interest

FIVE PHASE PULSE DIAGNOSIS: The Art of Science Or the Science of Art? by Andrew Smith, MEd, BA(Mil), DiplAc  
<http://botanicum.com/acuahmedresearch142.html>

or

<http://www.acupuncture.com/Research/Pulse2.htm>

TONGUE DIAGNOSIS

<http://beyondwellbeing.com/html/tongueform.htm>

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FACULTY INFO

Qiao, Yi

Please check with instructor during class to get updated contact info.

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