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COURSE DESCRIPTION

This course focuses on the development of formula writing skills. Students learn how to combine herbal medicines into formulae, how to choose appropriate basic formulae for patients, and how to modify the formulae according to the patient's chief complaint and diagnostic patterns

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LEARNING OBJECTIVES

The objective of Herbal Formula writing is to combine herbal medicines into formulas. This course will emphasize choosing appropriate basic formulas for patients and modifying such basic herbal formulas according to individual patterns and needs.

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COURSE PREREQUISITIES

Herb Formulae I-III

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REQUIRED TEXTS

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RECOMMENDED TEXTS

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COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

**10% Class attendance**

**40% Mid-Term**

**50% Final**

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

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SPECIAL NOTES

**Dr Zhang has a TA. Bebe Lin: [studyherbs@gmail.com](mailto:studyherbs@gmail.com)**

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

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CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

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**1. Common Therapeutics in Formula Writing**

1. Sweating
2. Vomiting
3. Draining Downward
4. Harmonizing
5. Warming
6. Clearing
7. Toning
8. Reducing

**2. The Principles of Composition**

1. King Herbs
2. Minister Herbs
3. Assistant Herbs 4. Envoy Herbs

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CLASS TWO

**3. Basic types of the Formula**

1. Large Formulas
2. Small Formulas
3. moderate Formulas
4. Urgent Formulas
5. Complex Formulas

**4. The Principles of ingredient's Dosage**

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CLASS THREE

**5. Modifications in Composition**

1. Modification of the Ingredients
2. Modification of the dosage
3. Modification of the form of administration

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CLASS FOUR

4. Modification according to the syndrome
5. Modification according to the illness

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CLASS FIVE

**6. Introduction of Paired herbs**

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CLASS SIX

**7. Common Paired Herbs and Clinical Applications**

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CLASS SEVEN

**8. Introduction of Guiding herbs & Clinical Applications**

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CLASS EIGHT

- 9. Basic formulas for Ht and SI Disorders**
- 10. Basic formulas for Lu and LI Disorders**

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CLASS NINE

- 11. Basic Formulas for Sp & St Disorders**
- 12. Basic Formulas for Lv & GB Disorders**

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CLASS TEN

Course  
Code **HB445**  
3 Units  
30 Hours

**EMPEROR'S COLLEGE**  
**MTOM COURSE SYLLABUS**  
**FORMULAE WRITING**

**Zhang, Ji**  
Winter 2019

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**13. Basic Formulas for Kd & UB Disorders**

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CLASS ELEVEN

**Final Exam**

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REFERENCE MATERIAL

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FACULTY INFO

Zhang, Ji

Please check with instructor during class to get updated contact info.

626.422.7323

jiherbs@gmail.com

Ji Zhang has a broad background and expertise in many areas of Oriental Medicine with a particular specialization in herbal medicine. He teaches a number of courses in the MTOM Program including Herb Pharmacopoeia, Formulae Writing, Advanced Diagnosis, Shang Han/ Wen Bing and additional advanced electives each year.