

COURSE DESCRIPTION

The third of three courses in the Herb Formulae series. Categories covered in Formulae III include the Expel Wind, Moistening Dryness, Expel Dampness, Treat Phlegm, Relieve Food Stagnation, Expel Parasites, and Treat Surgical Diseases formulas.

LEARNING OBJECTIVES

Upon completion of this course, a successful student will be able to list the ingredients, and their functions, of herbal formulae; to write the names of herbal formulae; to indicate which formulae should be utilized in certain conditions when given the symptoms.

COURSE PREREQUISITES

Herb Pharmacopoeia I-IV, All Herb Pharmacopoeia Labs

REQUIRED TEXTS

RECOMMENDED TEXTS

1. Bensky, D. and Barolet, R. Chinese Herbal Medicine: Formulas & Strategies. Eastland Press. Seattle, Washington: 1990.
2. Handbook of Chinese Herbal Formulas. Institute of Chinese Medicine, Los Angeles, 1995

COURSE REQUIREMENTS

- 10% Attendance & Participation
- 20% Two quizzes (10% each)
- 30% Midterm
- 40% Final

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be given ½ absence towards attendance. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

I. EXPEL WIND FORMULAS

- A. Formulas to Release Wind from Skin & Channels
1. Xiao Feng San (A) p.394 2. Da Qin Jiao Tang (B) p 208 3. Qian Zheng San (B) p399
4. Xiao Huo Luo Dan (A) p.398 5. Xiao Xu Ming Tang (B) p.396 6. Yu Zhen San (B) p. 399
- B. Formulas that Extinguish Internal Wind
1. Ling Jiao Gou Teng Tang (B) p 403 2. Zhen Gan Xi Feng Tang (A) p 402
3. Tian Ma Gou Teng Yin (A) p 405 4. E Jiao Ji Zi Huang Tang (B) p 407
5. Da Ding Feng Zhu (B) p 407 6. Di Huang Yin Zi (B) p 408
7. San Jia Fu Mai Tang (B) p 405
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CLASS TWO

II. Formulas That Treat Dryness

A. Formulas That Gently Disperse & Moisten Dryness

1. Xing Su San (a) P 158 2. Sang Xing Tang (b) P 159 3. Qing Zao Jiu Fei Tang (b) P 160

B. Formulas That Enrich Yin & Moisten Dryness

1. Yang Yin Qing Fei Tang (b) P 164 2. Bai He Gu Jin Tang (a) P 161
3. Mai Men Dong Tang (a) P. 165 4. Yu Ye Tang (b) P 167
5. Zeng Ye Tang (b) P.166 6. Bu Fei E Jiaotang(b) P.163
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CLASS THREE

III. Formulas That Expel Dampness Quiz 1 10%

A. Formulas That Transform Damp Turbidity

1. Ping Wei San (a) P 181 2. Huo Xiang Zheng Qi San (a) P 183

B. Formulas That Clear Damp-heat

1. Yin Chen Hao Tang (b) P 189 2. Yin Chen Si Ni Tang (b) P 190
3. San Ren Tang (b) P 186 4. Gan Lu Xiao Du Dan (b) P 187
5. Ba Zheng San (a) P 192f 6. Shao Yao Tang (b) P 194 7. Er Miao San (b) P 195
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CLASS FOUR

C. Formulas That Promote Urination / Leach Out Dampness

1. Wu Ling San (a) P 174 2. Zhu Ling Tang (a) P 178
3. Wu Pi San (a) P178 4. Fang Ji Huang Qi Tang (b) P 179

D. Formulas That Warm & Transform Water & Dampness

1. Zhen Wu Tang (a) P 197 2. Shi Pi Yin (b) P 199
3. Bei Xie Fen Qing Yin (b) P. 199

E. Formulas That Dispel Wind-damp

1. Qiang Huo Sheng Shi Tang (b) P 203 2. Juan Bi Tang (a) P 204 3. Gui Zhi Shao Yao Zhi Mu Tang (b) P.205 4. Xuan Bi Tang (b) P.206 5. Du Huo Ji Sheng Tang (a) P 207
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CLASS FIVE

Mid- Term Examination (30%)

CLASS SIX

IV. FORMULAS THAT TREAT PHLEGM

A. Formulas that Dry Damp & Transform Phlegm

1. Er Chen Tang (A) p 432 2. Wen Dan Tang (A) p. 435 3. Shi Wei Wen Dan Tang (B) p436

B. Formulas that Clear Heat & Transform Phlegm

1. Qing Qi Hua Tan Wan (A) p 437 2. Xiao Xian Xiong Tang (B) p 438
3. Gun Tan Wan (B) p 424

C. Formula that Moistens Dryness & Transforms Phlegm

1. Bei Mu Gua Lou San (A) p 439
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CLASS SEVEN

HERB FORMULAE III

D. Formulas that Warm & Transform Cold-Phlegm

1. Ling Gui Zhu Gan Tang (B) p. 443 2. Gan Cao Gan Jiang Fu Ling Bai Zhu Tang (B) p. 444
3. Ling Gan Wu Wei Jiang Xin Tang (B) p 444 4. San Zi Yang Qin Tang (B) p 445

E. Formulas that Transform Phlegm & Extinguish Wind

1. Ban Xia Bai Zhu Tian Ma Tang (A) p 447 2. Ding Xian Wan (B) p448
3. Zhi Sou San (A) p 446
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CLASS EIGHT

f. Formulas that transform phlegm and dissipate nodules Quiz 2 10%

- 1 Xiao Luo Wan (B) p.441 2 Hal Zao Yu Hu Tang (By p. 442

V. FORMULAS THAT REDUCE FOOD STAGNATION

1. Bao He Wan (A) p455 2. Mu Xiang Bing Lang Wan (B) p 458
3. Jian Pi Wan (B) p 458 4. Zhi Zhu Wan (B) p 459
5. Zhi Shi Dao Zhi Wan (B) p 460

V1. FORMULAS THAT EXPEL PARASITES

1. Wu Mei Wan (B) p 466 2. Fei Er Wan (B) p 469 3. Bu Dai Wan (B) p 469
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CLASS NINE

VII. FORMULAS THAT TREAT SURGICAL DISEASE

A. Formulas that Clear Heat & Relieve Toxicity

1. Xian Fang Huo Ming Yin (B) p 83 2. Wu Wei Xiao Du Yin (B) p 83
3. Si Miao Yong An Tang (B) p 85

B. Formulas that Warm the Channels & Disperse Cold

1. Yang He Tang (B) p 217 2. Tou Nong San (B) p 255

C. Formulas that Purge Heat Accumulation

- 1 Da Huang Mu Dan (Pi) Tang (B) p 118 2. Wei Jing Tang (B) p. 91
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CLASS TEN

Review for Final Examination

CLASS ELEVEN

Final Examination (40%)

REFERENCE MATERIAL

FACULTY INFO

Chang, Christine

Please check with instructor during class to get updated contact info.

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Christine Chang teaches several courses in the MTOM Program including Chinese Medical Language, Herbal Formulae, Patent Medicines and Chinese Nutrition. She also trains MTOM clinic interns as a Supervisor in the Emperor's Clinic and has a private practice in Santa Monica. She currently serves as a member of the Board of Directors of AAAOM and is an herbal consultant to Crane Herb Company and KPC Herbal.