

**EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
ANATOMICAL PALPATION I**

COURSE DESCRIPTION

This is one of two Anatomical Palpation courses and is the prerequisite for the second course in this series.

This 10-week palpation course provides students with the opportunity to palpate and identify the bone and muscle landmarks relevant to both Points courses and clinical practice. Selected musculoskeletal pathology, when clinically relevant, is also covered. Skeletal muscle actions, innervations, and clinically relevant origins and insertions will be presented.

LEARNING OBJECTIVES

The student will learn to palpate and identify externally accessible bony and muscular structures on the exterior of a fellow classmates. Knowledge and palpatory skill of these major anatomical landmarks is necessary for accurate acupuncture point location and physical exam skills.

COURSE PREREQUISITIES

None

REQUIRED TEXTS

1. *Trail Guide to the Body* 5th ed. by Andrew Biel Books of Discovery, 2014 ISBN-13: 978-0982978658
2. current Anatomical Palpation Course Manual [available in-class]

RECOMMENDED TEXTS

1. MM Student Workbook/Lab Manual from Prohealth ISBN-13: 978-0-9732742-3-3

COURSE ORGANIZATION

9 weekly 2-hour palpation sessions [with embedded lecture]
1 Final – Palpation Practical Exam [100% of grade]

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

No texting or phone use permitted in class. No video recording is permitted under any circumstances.

The focus of this Course is palpation. Studying for other Courses is not allowed.

Performing or practicing any kind of treatment on another student, including tuina, massage or bodywork, is prohibited.

You must wear loose pants/shorts and t-shirt during class. Restrictive or thick clothing hinders the palpatory experience of another classmate.

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 10-week course or 1 class meeting in a 7-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be given ½ absence towards attendance. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

Course Code **EL812**

2 Units

**EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
ANATOMICAL PALPATION I**

Dr. Downie
Spring 2017

CLASS ONE
Principles of Conscious Bodywork

(The syllabus is subject to change at the discretion of the instructor.)

CLASS TWO
Bony Landmarks of Head, Neck and Face

CLASS THREE
Bony Landmarks of Axial Skeleton

CLASS FOUR
Bony Landmarks of Upper Extremity

CLASS FIVE
Bony Landmarks of Lower Extremity

CLASS SIX
Muscles of Axial Skeleton 1

CLASS SEVEN
Muscles of Axial Skeleton 2

CLASS EIGHT
Muscles of Upper Extremity

CLASS NINE
Muscles of Lower Extremity

**CLASS TEN
PRACTICAL EXAM**

REFERENCE MATERIAL
will be provided as necessary

FACULTY INFO

Please contact Dr. Downie with questions at docdownie.emperors@gmail.com

Check for Course notes, materials and Course Manual links at EmperorsWesternScience.wordpress.com

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MTOM COURSE SYLLABUS
ANATOMICAL PALPATION I**

COURSE GOALS:

A palpation lab provides students with the opportunity to palpate and identify the bone and muscle landmarks relevant to both A&P 1 lecture course and future Points courses. Selected musculoskeletal pathology, when clinically relevant, is also covered.

COURSE LEARNING OUTCOMES:

On successful completion of this course, students will be able to:

1. Describe the structural and functional characteristics of human bones and muscles
2. State the names, locations, articulations, and landmarks of human bones
3. State the names, locations, origins, insertions, and actions of the major human muscles
4. Palpate and identify externally accessible bony and muscular structures on the exterior of a living human or on a human model
5. Identify major anatomical landmarks necessary for accurate acupuncture point location

COURSE RULES:

A. PROFESSIONALISM

Exceptional levels of professionalism are expected and required at all times while matriculated at Emperor's, particularly in Anatomical Palpation course settings, including examination practicals. Your time at Emperor's requires you to interact with members of your community for four years and there will many occurrences of both palpating and of being palpated. The example you set will follow you not only through your time at Emperor's, but also with you during your career. Any evidence, however subtle, of inappropriateness, including sexual innuendo, harassment or assault of any kind will be dealt with harshly. Any such instances are to be reported to the instructor IMMEDIATELY.

B. DRESS

Wear loose and comfortable clothing that you can move easily in; stretch/loose pants, shorts, t-shirts are preferable. Lace and see-through tops are inappropriate. If you are asked to change, do so immediately. This clothing must also be worn for examination practicals so that your clothing doesn't hinder the palpatory experience of the classmate. Restrictive or thick clothing will result in the loss of points from YOUR score. Shoes must be worn at all times. Bare-feet and sock-feet are not permitted at any time. Sandals or any other type of open-toed shoes are not allowed due to osha regulations. Fingernails must be kept short. Watches and rings (hand, face, nose, or body) must be removed during class.

C. PALPATION CLASS TIME IS FOR PALPATION ONLY

Studying for other classes during lab time is not allowed!

Performing any kind of treatment on another student, including practicing tuina, massage or bodywork, is prohibited!

Food and drink is not permitted during class or examination practicals.