

COURSE DESCRIPTION

This is one of two Anatomical Palpation courses and is the prerequisite for the second course in this series.

This 10-week palpation course provides students with the opportunity to palpate and identify the bone and muscle landmarks relevant to both Points courses and clinical practice. Selected musculoskeletal pathology, when clinically relevant, is also covered. Skeletal muscle actions, innervations, and clinically relevant origins and insertions will be presented.

LEARNING OBJECTIVES

The student will learn to palpate and identify externally accessible bony and muscular structures on the exterior of fellow classmates. Knowledge and palpatory skill of these major anatomical landmarks is necessary for accurate acupuncture point location and physical exam skills.

COURSE PREREQUISITIES

None

REQUIRED TEXTS

1. *Trail Guide to the Body* 5th ed. by Andrew Biel Books of Discovery, 2014 ISBN-13: 978-0982978658
2. Current Anatomical Palpation Course Manual: <https://emperorswesternscience.wordpress.com> (EL812)

RECOMMENDED TEXTS

MM Student Workbook/Lab Manual from Prohealth ISBN-13: 978-0-9732742-3-3

COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

9 weekly 2-hour palpation sessions [with embedded lecture]

1 Final – Palpation Practical Exam [100% of grade]

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

No texting or phone use permitted in class. No video recording is permitted under any circumstances.

The focus of this Course is palpation. Studying for other Courses is not allowed.

Performing or practicing any kind of treatment on another student, including tuina, massage or bodywork, is prohibited. You must wear loose pants/shorts and t-shirt during class. Restrictive or thick clothing hinders the palpatory experience of another classmate.

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Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 10-week course or 1 class meeting in a 7-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be given ½ absence towards attendance. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)
Principles of Conscious Bodywork

CLASS TWO
Bony Landmarks of Head, Neck and Face

CLASS THREE
Bony Landmarks of Axial Skeleton

CLASS FOUR
Bony Landmarks of Upper Extremity

CLASS FIVE
Bony Landmarks of Lower Extremity

CLASS SIX
Muscles of Axial Skeleton 1

CLASS SEVEN
Muscles of Axial Skeleton 2

CLASS EIGHT
Muscles of Upper Extremity

CLASS NINE
Muscles of Lower Extremity

CLASS TEN
PRACTICAL EXAM

CLASS ELEVEN

REFERENCE MATERIAL
will be provided as necessary

Please contact Dr. Downie with questions at docdownie.emperors@gmail.com
Check for Course notes, materials and Course Manual links at EmperorsWesternScience.wordpress.com

FACULTY INFO

Course Code **EL812**
2 Units
20 Hours

EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
ANATOMICAL PALPATION I

Downie, Patrick
Summer 2018

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Please check with instructor during class to get updated contact info.

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Dr. Downie graduated from National College of Chiropractic in Lombard, Illinois in 1996 and pursued additional clinical training in orthopedics and neurology. He was Co-Director of a NIH CAM research grant at Rush University College of Nursing, practiced as a staff Chiropractor at Northwestern Medicine's Center for Integrative Medicine, and served as both a professor and Bioscience Department Chair at Pacific College of Oriental Medicine, in Chicago for over a decade. Dr. Downie is an active member of the American Association of Anatomists. Please contact Dr. Downie with questions at docdownie.emperors@gmail.com or text 312.569.0747