

COURSE DESCRIPTION

This course provides students with a theoretical understanding of the classical roots of five phase theory, and how to integrate understanding of the five phases into the clinical practice of Oriental medicine.

LEARNING OBJECTIVES

Upon completion of this course, students will be able to demonstrate, in writing or by identification, understanding of nature's cycles, externally and internally, and to demonstrate their knowledge, practically and in writing, in regard to Five Element correspondences, pulse taking, diagnosis, and special point usage and application.

COURSE PREREQUISITIES

REQUIRED TEXTS

Classical Five-Element Acupuncture Volume III: The Five Elements and the Officials by J.R. Worsley

Meridians of Chi Energy and Five-Element Chart

RECOMMENDED TEXTS

COURSE REQUIREMENTS

Exam	40%
Class Participation	20%
Outside Project	40%

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

Welcome, Introductions, Context of Classical Five-Element Acupuncture, Purpose, Objectives, Grading, Evaluation, Attendance.

Causative Factor and Overview of Elements

Internal and External Causes of Disease

Significance of Symptoms

Sheng and K'e Cycles

Law of Mother/Child

CLASS TWO

Reading Classical Five-Element Acupuncture Vol III: Forward, Chapters 1, 2, 10

Wood and Fire Elements and Officials
Pulse Taking, Preparation and Practical
Law of Midday/Midnight
Class Patient Examined and Discussed
Rapport Exercises

CLASS THREE

Reading Classical Five-Element Acupuncture Vol III: Chapters 3, 11, 12

Earth and Metal Elements and Officials
Color, Sound, Emotion, Odor Review
Sensory Exercise: To Smell
Actions of Tonification and Sedation
Review of Law of Mother/Child
Pulse Diagnosis
Tonification and Sedation Points
Source Points

CLASS FOUR

Reading Classical Five-Element Acupuncture Vol III: Chapters 4, 13

Rapport Exercises
Water Element and Officials
Junction Points
The Umbilical Pulse
Akabani Testing and Correcting
Pulse Diagnosis
Class patient Examined and discussed

CLASS FIVE

Reading Classical Five-Element Acupuncture Vol III: Chapters 5, 14

Horary Points
The Three Jiao
Energy Transfers
The Mental and Spirit Level: How to Address
Spirits of the Points
Traditional Diagnosis

CLASS SIX

Reading Classical Five-Element Acupuncture Vol III: Chapters 6, 15

Review of Transfers
Possession and How to Treat
Associated Effect Points
Sensory Exercises: To Feel
Four Needle Technique
Pulse Diagnosis
Needling and Moxabustion

CLASS SEVEN

Reading Classical Five-Element Acupuncture Vol III: Chapters 8, 9

Aggressive Energy: How to Test for and Treat
Law of Husband and Wife
The Husband/Wife Imbalance
The Law of Least Action
The Law of Cure
Sensory Exercises: To Smell

CLASS EIGHT

Reading Classical Five-Element Acupuncture Vol III: Chapters 7, 16

Entry/Exit Blocks
Windows of the Sky
Treatment Planning
Pulse Diagnosis
Discussion and Assignment of Outside Project
Preface Sheets, Instruction and Practical

CLASS NINE

Rapport Exercises (using preface sheets)
Class Patient Examined and Discussed
Pulse Diagnosis
Patient Homework

CLASS TEN

Review of Course
Q and A
Review Treatment Planning
Pulse Diagnosis
Class Patient Examined and Discussed

CLASS ELEVEN

Final Examination

REFERENCE MATERIAL

FACULTY INFO

Gumenick, Neil
Please check with instructor during class to get updated contact info.

Ask instructor