
COURSE DESCRIPTION

This course uses the most current teaching method in Japan. Students will learn the philosophy, history, and culture of Japan that make it Japanese Style Acupuncture / Moxibustion (『鍼灸』 Hari-Kyu). This three hour, 11 week course will cover fundamental concept, basic and advanced Japanese style needling techniques (including 『小児鍼』 Shoni-Shin - Japanese Pediatric Acupuncture), Japanese Style Moxibustion, Palpatory examination including 『腹診』 Hara Diagnosis (Abdominal examination) and modality of gentle and subtle Japanese Style Acupuncture treatment protocol based on 『体表観察』 Body Surface Observation.

LEARNING OBJECTIVES

At the end of this course, students will be able to:

1. Identify & describe, unique features, characteristics, & modality of 『鍼灸』 Hari-Kyu
2. Develop the palpatory examination skill to assess and diagnose
3. Demonstrate standardized 『鍼』 Hari protocol techniques in accordance w/ CNT
4. Demonstrate various needling techniques (filiform & non-invasive needles) used in Japan currently
5. Demonstrate various moxibustion (『お灸』 Okyu) techniques, & 『小児鍼』 Shonishin (pediatric Japanese acupuncture) techniques & protocols
6. Demonstrate and apply Japanese Style Acupuncture Treatment modality

COURSE PREREQUISITIES

Fundamentals of OM, Meridians I & II, Acupuncture Anatomy, Acupuncture Techniques I & II, Anatomy & Physiology I

REQUIRED TEXTS

Instructional Materials: Seirin Needle (02 – 40mm, 01 – 40mm, 1 – 40mm), Loose Wakakusa Moxa, Incense, Lighter, Ashtray - Clean Needle Travel Kit

Instructional Texts:
Handouts

RECOMMENDED TEXTS

COURSE REQUIREMENTS

Student Evaluation: Attendance, Class participation, Attitude in class, Oral, Written, & Practical - Final Examination

Grading:
Students will be assessed and graded using standard Emperor's College letter grading. Positive class participation is evaluated as well.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: students who miss more than 2 class meetings in a 11-week course will earn an F in that course.

Additionally, Dr Maeda adheres to a **zero-tardy policy**. **Students must be on-time at the start of class or they will receive a tardy**. Two tardies equals one absence.

NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may earn an F in that class and/or be referred to the Academic Dean for professionalism.

Policy of the class: No texting, facebooking, surfing the Internet, food or drink (exclude water & tea) are allowed during the class. No walk in & out of the classroom during the class except emergency and restroom (although that should be taken care of during break). Please turn off your cell phones.
Students must be wearing lab coat at all time during the class.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

Lecture – The concept of “『鍼灸』 Hari-Kyu - Japanese Style Acupuncture”

Spirit of Japanese Style Acupuncture. How you can differentiate Japanese Style Acupuncture vs TCM Acupuncture? Background history explains it.

Practical - Demonstration of needling (JAC CNT), 『片手挿管』 Katate

Soukan, Needling Exercise (押手Oshide, 刺手Sashide, 切皮Seppi, 弾入Dan-Nyu & 刺鍼Shi-shin)

CLASS TWO

Lecture – 『鍼道』 Shin-Dou “the way of Acupuncture”, “『和』 Wa – the way of harmony”, TLC for our patients, Japanese Style Moxibustion – 『透熱灸』

Tonetsu Kyu

Practical - Demonstration of needling, Katate Sou Kan, Japanese Style Moxibustion, and Needling Exercise (旋撚術Sennen Jutsu, 弾爪術Dansou Jutsu, 雀啄術Jakutaku Jutsu, 隨鍼術Zuishin Jutsu)

CLASS THREE

Lecture – 『触診1』 Palpation 1: Importance of the “Touch”, Fundamental of palpation, Creation of practitioner's 『治療家の手』 “healing hands”

Practical - Demonstration of Palpation, Katate Soukan, Needling Exercise, Moxibustion Practice, and Palpation Exercise (気行術Kikou Jutsu, 細刺術 Saishi Jutsu, 散鍼術 Sanshin Jutsu, 乱鍼術Ranshin Jutsu)

CLASS FOUR

Lecture – 『触診2』 Palpation 2: Diagnosis, then immediate treatment, Differentiating 『つぼ』 Tsubo into Four Classifications and their Phases.

Practical – Searching for Tsubo, Katate Soukan, Needling Exercise, Moxibustion Practice, and Palpation Exercise (屋漏術Okurou Jutsu, 三調術 Sancho Jutsu, 暁の術Akatsuki no Jutsu, 内調術Daichou Jutsu)

CLASS FIVE

Lecture – Japanese Acupuncture Treatment Modalities: 太極療法Taikyoku

Ryohou, 経絡治療Keiraku Chiryō, 陰陽交叉法Yin/Yang Crossover... [体表
観察に基づく鍼治療
Body Surface Observation base Acupuncture]
Practical – above lecture will be put into practice

CLASS SIX

Lecture – Various style of Japanese Style Moxibustion: 温灸On Kyū
(Warming) 塩灸Shio Kyū (Salt), 味噌灸Miso Kyū (Miso), 生姜灸Shōga Kyū
(Ginger), and 大蒜灸NinNiku Kyū (Garlic), 箱灸 (桶灸) Hako Kyū
Practical – Demonstration & practice of Japanese Style Moxibustion

CLASS SEVEN

Lecture – Japanese Style Acupuncture Treatment: 本治法Branch
Practical – Demonstration of treatment and practice, Moxibustion Practice

CLASS EIGHT

Lecture – Japanese Style Acupuncture Treatment: 標治法Root
Practical – Demonstration of treatment and practice, Moxibustion Practice

CLASS NINE

Lecture – Japanese Style Acupuncture Treatment: 小児鍼Shōni-Shin, 接触鍼
Sesshoku Shin
Practical – Demonstration of treatment and practice, Moxibustion Practice

CLASS TEN

Lecture – Review for Final Examination, Q & A
Practical – Review for Final Examination

CLASS ELEVEN

Final Exam – Written & Practical

REFERENCE MATERIAL

FACULTY INFO

Maeda, Atsuki
Please check with instructor during class to get updated contact info.

maedasensei@gmail.com