

**COURSE DESCRIPTION LEVEL 1:**

Clinical internship is the practical-application portion of the Emperor's College curriculum. Level one is the entry level for internship. This level focuses strongly on general professionalism, patient and practitioner communication and safety, time management, and intake skills. Interns should be able to complete a basic patient intake: gather pertinent information, take western medical vitals, and be able to identify any high risk or red flag patients. Interns should also be able to associate general findings with the eight principals, and have a basic understanding of how to develop a diagnosis based on findings. Tasks at this level are accomplished with prompting and guidance from both main supervisors and technical supervisors, and interns function with a high level of direct supervision more than 80% of the time.

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**LEARNING OBJECTIVES**

Level 1 demonstrates the ability to:

- Present oneself in a professional manner to all patients, students, staff and faculty through appropriate dress, communication and timeliness.
- Prepare and clean treatment rooms according to Clinic policies and CNT.
- Navigate themselves in the clinic in an efficient manner with awareness to all policies, procedures, paperwork and assignments required for each shift.
- Recognize and maximize the opportunity for learning, and implement constructive criticism.
- Collect relevant patient information and conduct a thorough intake including:
  - Chief complaint
  - Additional symptoms
  - History
  - LMP
  - Western medical vitals: BP, HR, temperature, height, weight
  - Medications
  - Pain scale if applicable
  - ( Orthopedic exams if applicable )
  - TCM pulses – basic descriptors or overall impression for each side
  - TCM tongue – includes basic description: body shape, color, coating
- Communicate relevant information to supervisor
- Associate symptoms with basic eight principle theories
- Locate points according to primary meridians and some additional commonly used extra points
- Display knowledge about aforementioned points in regard to general usage/indications, or contraindications
- Display basic knowledge of herb categories, individual herbs and common patent herbal formulas

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**COURSE PREREQUISITIES**

Refer to [ECTOM pre-requisite guide](#)

Also:

CNT, CPR/BLS (requires DCE approval)

**REQUIRED TEXTS**

Clinic Handbook

**RECOMMENDED TEXTS**

- Bensky, D. and Barolet, R. *Chinese Herbal Medicine: Formulas & Strategies*. Eastland Press. Seattle, Washington: 1990.
- Bensky, D. and Gamble, A. *Chinese Herbal Medicine: Materia Medica*. Eastland Press. Seattle, Washington: 1993.
- Cheng, X., & Deng, L. (1999). *Chinese acupuncture and moxibustion*. Beijing: Foreign Language Press.
- Deadman, Peter; Al-Khafaji, Mazin; Baker, Kevin. *A Manual of Acupuncture*. Eastland Press. Vista, California. 2nd Edition, 2007.
- Hsueh, Chen Chiu. O'Connor, John, trans/edit; *Acupuncture: A Comprehensive Text, Shanghai College of Traditional Medicine*. Eastland Press. Seattle. 1st ed. Seattle, 1981.
- Maciocia, Giovanni. *Foundations of Chinese Medicine*. Churchill Livingstone, Philadelphia. PA. 2nd Edition 2005.
- Bickley, L. S., Szilagy, P. G., & Bates, B. (2007). *Bates' guide to physical examination and history taking*. Philadelphia: Lippincott Williams & Wilkins.

**COURSE REQUIREMENTS**

- Grading:** The intern is expected to progress through the initial stages of internship with grades reflective of a novice level based on the following clinical rubric. It is expected that the intern will maintain the standards set by the pre-clinical exam in regard technical aspects including but not limited to point location, needling techniques, ethics, etc., yet may rely on the supervisor and technical supervisor more heavily during the initial weeks of internship and accumulate knowledge and experience that will allow for greater independence as the intern progresses to the next level. Interns are expected to score a minimum of “novice” on the clinical rubric in all competencies with the exception of safety, communication, and ethics which should all be scored at a level of “guided” (3) or higher. If an intern should score below “novice” level in any aspect, the Dean of Clinical Education will intervene and determine if remediation is required.

**Clinical Rubric:**

Unsatisfactory	Novice	Supervised	Guided	Collaborative
0	1	2	3	4
Requires continuous directive and supportive cues, performs in a disorganized unsafe manner	Requires frequent directive and supportive cues, performs safely, unrefined skill, fragmented knowledge of basic principles.	Requires frequent supportive and occasional directive cues, performs safely, understanding of basic principles, needs help applying theories	Requires occasional - infrequent supportive and directive cues, performs safely, able to apply theoretical knowledge with minimal assistance	Requires no directive cues, needs infrequent re-direction, assistance is focused on complex systems application or complex advanced skills, performs safely, demonstrates dexterity and comprehension
<i>Continuous</i> = more than 80% of the	<i>Frequent</i> = 80% of the time or less	<i>Occasional</i> = less than 50% but more	<i>Infrequent</i> = less than 20%	<b>Directive cues</b> =specific instructions

COURSE SYLLABUS



INTERNSHIP LEVEL 1

time		than 20%		required to take action <b>Supportive cues</b> =encouragement/emotional support
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- II. Competencies: Refer to Clinic Handbook for specific competencies and expectations for intern levels.
- III. Attendance: Interns are required to clock in and out on time for each shift and remain in the clinic for the duration of the shift. This is a 12-week course – a total of 50 hours on-shift is required for completion. All absences must be made up by the end of the third week of the following quarter. A maximum of three absences are allowed in order to receive credit. Refer to Clinic Handbook for absence policies and make up shift procedures.