

COURSE DESCRIPTION

The third and final course in the Acupuncture Techniques series, this practical class teaches the students advanced needling techniques, as well as other protocols used during acupuncture treatments. This course covers advanced techniques such as plum-blossom needling, blood-letting, cupping, electro-stimulation, moxibustion, use of magnets and ear seeds, and the difficult points not covered in the previous Techniques classes with a continued emphasis on safe needling practices and clean needle techniques, as prescribed by the Laws and Regulations published by the California Acupuncture Board (CAB).

LEARNING OBJECTIVES

Upon completion of this course, the student will have mastered the following techniques:

- A) Usage of different types and gauges of needles
- B) Pre-treatment preparations
- C) Techniques of insertion
- D) Angle and depth of insertion
- E) Tonification and sedation methods
- F) Withdrawing techniques
- G) Precautions and contraindications in acupuncture treatment
- H) Management of possible accidents

COURSE PREREQUISITES

Acupuncture Techniques II

REQUIRED TEXTS

Chinese Acupuncture and Moxibustion, by Cheng Xinnong et al, Language Press, Beijing, 1990.

RECOMMENDED TEXTS

Acupuncture. A Comprehensive Text, by Shanghai College of Traditional Medicine
A Manual of Acupuncture, by Peter Deadman & Mazin Al-Khafaji

COURSE REQUIREMENTS

20 % = Attendance

30 % = Midterm Examination

30 % = Final Examination.

20 % = students will be evaluated based in their performance and skill levels demonstrated during practical portions of the class.

Absence Policy: This is a techniques class, attendance is quite important. You are allowed 1 absence without it affecting their grade. 3 absences will result in failure of the course.

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for

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professionalism.

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

See Required Materials in Reference Materials Section on page.4

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

General introduction to acupuncture therapy, guidelines for creating acupuncture prescriptions, Review: Techniques of Insertion & Withdrawing; Tonifying & Sedating Methods
Extraordinary points (Head & facial region)

CLASS TWO

Review: Tonifying & Sedating methods
Needling Extraordinary Points (Neck & Back regions)

CLASS THREE

Review: Angle and depth of insertion
Needling Extraordinary Points continued (Upper Limbs region)

CLASS FOUR

Pre-treatment preparations
Needling Extraordinary Points continued (Lower Limbs region)

CLASS FIVE

Midterm Examination

CLASS SIX

Moxa

CLASS SEVEN

Cupping

CLASS EIGHT

Plum-Blossom/Seven Star Needles
Gua Sha

CLASS NINE

Electro Acupuncture (E-tims)

CLASS TEN

Final Examination

CLASS ELEVEN

REFERENCE MATERIAL
REQUIRED MATERIALS

Disposable needles: 0.5 cun/13mm (38# gauge/0.18mm), 1 box
1 cun/25 mm (36# gauge/0.20mm), 2 boxes
1 cun/25 mm (34# gauge/0.22mm), 2 boxes
1.5 cun/40 mm (32# gauge/0.25mm) & metal handles, 1 box
1.5 cun/40 mm (34# gauge/0.25mm), 2 boxes
3 cun/75mm (30# gauge/0.3mm or 32# gauge/0.25mm), 1 box

Container marked "contaminated" for used needles

Moxa sticks (Smoke/Smokeless), Moxa Snuffer, Cardboard Squares, Fine & Coarse Grade Moxa, ashtray.
Incense and Candle
Burn ointment (Jing Wan Hung)
Disposable Latex Gloves
Large cups/Medium cups/Small cups
Dry cotton balls
Plastic bags
Tweezers or Forceps
Lighter
Chinese Soup Spoons or Gua Sha Board
Massage Oil
Electro-acupuncture Machine
Disposable Plum Blossom Needles
1 gallon ziplock bag
70% alcohol or alcohol swabs
90% alcohol for cupping

FACULTY INFO

Lin, Benny
Please check with instructor during class to get updated contact info.
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Benny Lin is an apprentice of Master Kong Bohua, one of the leading TCM practitioners in China. He was associate professor and chief clinician at Guangxi University, and pioneered treatment methods for complex diseases. Benny Lin specializes in orthopedics, muscular strains and pain management. With a private practice in Lake Forest, Lin teaches classes in the MTOM Program including Tui Na and trains MTOM clinic interns as a Supervisor in the Emperor's Clinic.