
COURSE DESCRIPTION

This course covers the topographical study of the acupoints with an emphasis on their anatomical locations, musculature, innervations, and vasculatures. It also covers the cautions and contraindications of the acupoints based on their underlying anatomical structures.

LEARNING OBJECTIVES

Upon successful completion of this course, students will be able to identify the muscles, nerves, blood vessels and dermatomes related to the acupoints in order to improve clinical safety and outcomes.

COURSE PREREQUISITES

Meridians II

REQUIRED TEXTS

1) **Chinese Acupuncture and Moxibustion (CAM, 2010)**, Language Press, Beijing, 2010

RECOMMENDED TEXTS

- 1) **Color Atlas of Anatomy: A Photographic Study of the Human Body** (7th Edition, 2011), Johannes W. Rohen, Elke Lutjen-Drecoll MD and Chichiro Yokochi
- 2) **A Manual of Acupuncture** (2011), Peter Deadman
- 3) **Trail Guide To The Body** (4th Edition, Andrew Biel, Includes DVD) or (5th edition, without a DVD, w/more info). (Both editions have access to the author's videos).
- 4) **Acupuncture: A Comprehensive Text**, Shanghai College of TCM
- 5) **Physical Examination of the Spine and Extremities**, Stanley Hoppenfield, M.D.

COURSE REQUIREMENTS

Out-of-Class Work

To successfully complete the program, students need to plan studying a minimum of 2 hours out-of-class for each academic in-class hour; and half an hour out-of-class for each hour of clinical training.

Attendance in the first class session is mandatory.

PLEASE BRING THESE ITEMS TO EVERY CLASS

1. Colored Dots

Course Requirements

1. Attendance in the first class session is **mandatory**.
2. Be on time and do not leave before the end of class meeting time.
3. You are responsible for all material presented in class as well as the reading assignments.
4. Please follow the Emperor's Code of Conduct
5. **Come to class each session with appropriate wearing apparel for the point location workshops:**
You will need to wear non-restrictive clothing or bring swimwear or undergarments **suitable for your partner to find points and landmarks on the trunk and extremities.**

Evaluation:

There will be a practical point location test, and a written quiz with short answers, (*multiple choice and true false questions*), at the beginning of each class. **Don't be late.**

Midterm and Final Exams: may contain short answer, and/or multiple choice, true false, and/or matching questions, and will include a 'practical point location test.'

Participation: students are expected to participate in class.

Final Grades are determined on the percentages below:

- 40% Midterm
- 40% Final
- 10% Quizzes
- 10% Attendance and Participation

Points will be deducted for every class you:

- Do not attend
- Arrive late, or leave early (arriving late, leaving early, or returning late from a break will count as 1/2 absence).
- Do not participate in the practical

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

SPECIAL NOTES

Responsibilities:

Clean up – Maintaining the orderliness of the classroom is a responsibility of both the teacher and the students. The tables should be cleaned off, closed up with the face cradle and put away. All pillows should be stacked neatly. Any trash should be picked up and thrown away and all belongings taken with you.

Hand washing is important .

Recommendations:

- Allow sufficient time to read your assignments and any other homework that is assigned in class.
- Review anatomy and point locations on two to three people per week.
- FORM A STUDY GROUP, (Students have historically done better in this class when forming a study group of 3 to 4 people).

(The syllabus is subject to change at the discretion of the instructor).

Professionalism and Full and Prompt Attendance: To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

• **Introductions, Outline of Class, Syllabus**

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- Anatomy of the **Head and Neck**
 - o Topographical
 - o Acupoints
 - o Practical Location of Points

CLASS TWO

- **Practical Test:** none; **Quiz:** Head and Neck;
- **Anatomy of the Head and Neck,** (continued); begin **Upper Limb**
 - o Topographical
 - o Acupoints
 - o Practical Location of Points

CLASS THREE

- **Practical Test:** Head and Neck; **Quiz:** Upper limb;
- Anatomy of the **Upper Limb** (continued);
 - o Topographical
 - o Acupoints
 - o Practical Location of Points

CLASS FOUR

- **Practical Test:** Upper limb; **Quiz:** none
- Anatomy of the **Posterior Trunk**
 - o Topographical
 - o Acupoints
 - o Practical Location of Points

CLASS FIVE

- **Practical Test:** Posterior Trunk; **Quiz:** Posterior Trunk; **Homework:** due;
- **Review and Workshop Prep for Midterm**
 - o Topographical
 - o Acupoints
 - o Practical Location of Points

CLASS SIX

- **Midterm Exam** (written and practical exam - *cumulative*)
- Anatomy of the **Lower Limb**

CLASS SEVEN

- **Practical Test:** none; **Quiz:** none;
- Anatomy of the **Lower Limb** (continued);

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- o Topographical
 - o Acupoints
 - o Practical Location of Points

CLASS EIGHT

- **Practical Test:** Lower Limb; **Quiz:** Lower Limb;

- Anatomy of the **Anterior Trunk**
 - o Topographical
 - o Acupoints
 - o Practical Location of Points

CLASS NINE

- **Practical Test:** Anterior Trunk; **Quiz:** Anterior Trunk; **Homework:** due

- **Anatomy Review and Workshop**
 - o Topographical
 - o Acupoints
 - o Practical Location of Points

CLASS TEN

- **Final Exam** (Written and Practical Exam - *cumulative*)

CLASS ELEVEN

REFERENCE MATERIAL
READING ASSIGNMENT:

Trail Guide To The Body (4th Edition): p. 21-22 (required); whole book recommended (it's mostly illustrations).

Dennis Kessler, OMD, LAc

OMD, California Acupuncture College, Los Angeles

As one of the early adopters and pioneers of Oriental medicine in the US, Dr. Dennis Kessler, OMD, has cultivated an extensive background in clinical medicine, research and licensing examination expertise. Early in his career he had the fortunate opportunity of completing extensive apprenticeship studies in Korean Constitutional Medicine and has held staff positions at Harbor UCLA Medical Center Pain Control Clinic, The Arthritis and Back Pain Center of Santa Monica, The Summa Medical Group of Los Angeles, and collaborative partnerships with several orthopedic surgeons. In continuous practice for over 40 years, Dr. Kessler is well known in northern and southern California for his work in the diagnosis and treatment of low back and leg pain, and served on examination committees for the national acupuncture boards and the California acupuncture licensing boards.

Chief Practical Examiner

FACULTY INFO

Course Code **AC350**
4 Units
40 Hours

EMPEROR'S COLLEGE
MTOM COURSE SYLLABUS
ACUPUNCTURE ANATOMY

Kessler
Winter 2019

Please check with instructor during class to get updated contact info.