

**MERIDIANS I**

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COURSE DESCRIPTION

The first of two Meridian courses, Meridians I introduces the student to the classification, nomenclature and distribution of the channels and collaterals, acupuncture point locations, and general acupuncture point groupings. Students will learn the proper methods of identifying and locating acupuncture points based on their anatomical locations and proportionate body measurements. Meridians I covers all the points on the Lung, Large Intestine, Stomach, Spleen, Heart, Small Intestine, Ren, and Du channels.

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LEARNING OBJECTIVES

Upon the completion of this course, the student should be able to:

- a. Describe the classification, nomenclature and distribution of the primary Channels, Luo, sinew, and divergent channels
- b. Identify methods of acupuncture point location, and locate acupuncture points.
- c. Describe the general indications of acupuncture points and their groupings.

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COURSE PREREQUISITES

Anatomy/Physiology I, Fundamentals of OM

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REQUIRED TEXTS

Chinese Acupuncture and Moxibustion (CAM)

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RECOMMENDED TEXTS

A Manual of Acupuncture by Peter Deadman

Recommended Apps: TCM Clinic Aid,  
A Manual of Acupuncture (Deadman)

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COURSE REQUIREMENTS

Students must be on time and not leave before the end of class meeting time. Students are responsible for all material presented in class as well as the reading assignments.

Evaluation:

The first is the technical and theoretical portion, and the second is the experiential or self-cultivating aspect. All quizzes and exams will test your technical and theoretical knowledge. The experiential or self-cultivation portion will be evaluated in the form of feedback sessions.

Quizzes:

There will be a quiz presented during the first ten minutes of class. You will not be able to make up any quiz, no exceptions. The quiz will be fill in and short answer type of questions.

Practical proficiencies: proficiencies will be given around the midterm and near the final. You must pass these proficiencies to pass the class.

Midterm and Final may contain short answer and/or multiple choice and/or true false and/or matching. Accurate spelling is required for full credit.

The FINAL will be CUMULATIVE

Participation: Students are expected to participate in class, and to locate every point on at least 1 model in class, and to stay for the duration of the class until excused

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Final Grades are determined on the percentages below:

- 10% Attendance and Participation
- 10% Homework
- 20% Quizzes
- 30% Midterm
- 30% Final

5 POINTS WILL BE DEDUCTED FOR EVERY CLASS YOU :

- Do not attend
- You do not participate in the practical session
- You come 15 or more minutes late or leave 15 or more minutes early

GRADING SCALE: 100-90% A, 89-80% B, 79-70% C, 69% and below F

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SPECIAL NOTES

Course Materials

- Location Dots
- Purell

PLEASE BRING THE ABOVE ITEMS TO EVERY CLASS

**Professionalism and Full and Prompt Attendance:** To pass any course (separate from academic performance) all students must meet requirements for professionalism in coursework. Professionalism includes full and prompt attendance: Students who miss more than 2 class meetings in a 10-week course will earn an F in that course. Additionally, students who arrive more than 15 minutes to class or leave class before it ends will be marked tardy. Two tardies equal one absence. NOTE: Students who leave and return to class late from a break or leave during the class (especially if this is repeated) or who disrupt the class in other ways may be referred to the Academic Dean for professionalism.

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CLASS ONE (The syllabus is subject to change at the discretion of the instructor.)

- Introductions
- Review Syllabus
- Introduction to channel and collateral theory, channel nomenclature, flow of energy, classification of points.
- Anatomical proportionality and measurement principles and landmark identification.
- Hands on Practice for Proportional Measurement

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CLASS TWO

- Quiz #1 Proportional Measurement, Meridian Energy Flow Chart and Six Channel Names
- Homework Due: Lung
- Lecture on Lung and demonstration of Lung meridian path and point location
- Locate Lung Points

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CLASS THREE

- Quiz #2 LU

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- Homework Due: Large Intestine
- Lecture on LI and demonstration of LI meridian path and point location
- Locate LI Points

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CLASS FOUR

- Quiz #3 LI
- Homework Due: Stomach
- Lecture on ST and demonstration of ST meridian path and point location of ST 1-30
- Locate ST 1-30 Points

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CLASS FIVE

- Quiz #4 ST
- Homework Due: None
- Demonstration of ST point location of ST 31-45
- Locate ST 31-45 Points
- Review for Midterm

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CLASS SIX

- **Midterm Practical and Written**

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CLASS SEVEN

- No Quiz
- Homework Due: Ren
- Demonstration of Ren Channel pathway and Point Location
- Locate Ren Points

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CLASS EIGHT

- Quiz #5 Ren
- Homework Due: Spleen
- Demonstration of SP Channel pathway and Point Location
- Locate SP Points

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CLASS NINE

- Quiz #6 SP
- Homework Due: Heart
- Demonstration of HT Channel pathway and Point Location
- Locate HT Points

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CLASS TEN

- Quiz #7 HT
- Homework Due: Small Intestine
- Demonstration of SI Channel pathway and Point Location
- Locate SI Points
- Review for Final

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CLASS ELEVEN

Course  
Code **AC310**

**EMPEROR'S COLLEGE  
MTOM COURSE SYLLABUS**

**Stevens, Denise**  
*Fall 2017*

**3 Units**

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- Practical and Written Cumulative Final Exam

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REFERENCE MATERIAL

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FACULTY INFO

Stevens, Denise

Please check with instructor during class to get updated contact info.

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